

# Camp Thurman Food and Nut Allergy Policy

In our effort to continue to provide the very best camp experience for your child, we are providing the following arrangements for our campers with food and/or nut allergies. Here are 4 guidelines:

## LIST OF SNACKS

A complete list of snacks and nutritional information on our website. Go to [campthurman.org](http://campthurman.org). Click on “camp store” and then click on “snacks”. Parents can educate their children on the list of snacks that are acceptable for them to eat. Note: All snacks come in pre-packaged individual servings, but there is the possibility for cross contamination either at the processing facility or at camp.

## SEPARATE FOOD STORAGE PLACE

A separate storage place for children with allergies to keep their food away from other camper lunches and snacks. We ask that the parents put food in a sack/ bag labeled with the child’s name and counselor name. The food should be in a sealed container. The lunches and snacks will be kept in bins in the First Aid office.

## SEPARATE EATING SPACE

A separate eating space for campers with severe allergies. This will be in the gazebo by the Red Sea. We will have designated supervisors for these campers while they are eating lunch.

## EPI PENS GUIDELINES AND PROCEDURES

Emergency Care Plans for Epi Pens. If your child’s allergies are severe enough to need an Epi Pen, we have a specific form which needs to be downloaded from our website and brought on Monday of your child’s week to the First Aid attendant. That form is found next to this one under our policies section. This form sets up the Emergency Care Plan for your child in the event of exposure. This information will be given to the counselor along with the Epi Pen to put in his/her backpack and will be carried to every activity throughout the day.

We think these new changes will be positive improvements for the increased number of children attending camp with food allergies. Camp Thurman is NOT a nut free environment and there is a high likelihood of contamination on elements, ropes activities, etc; however, we want to provide

as safe of an environment as possible. Thank you in advance for your cooperation.